



BRENTWOOD SWIMMING CLUB



Newsletter February 2019

Important Dates

9th Feb - Non Essex Champs Qualifiers Open Meet - Romford

15/16/17 Feb - Essex Champs - Basildon

23rd Feb - Essex League - Braintree

9th March - Mini League - Rochford

16/17 March - Bishops Stortford Open Meet - Borehamwood

23rd March - Essex League - Waltham Forest

For all these events we need volunteers to be on poolside. If you are interested please speak to a member of the committee.

Dates of galas and open meets for the whole year are on the noticeboard and are also on the website.

Land Training

An extra land training session has been added, with some times changing. The times and location of land training is as follows:

Platinum Squad

Tuesdays, 5:15 - 6:00 in the Holistic Hub

Thursdays, 5:45 - 6:30 in the Sports Hall

Gold squad

Tuesdays, 6:00 - 6:45 in the Holistic Hub

Thursdays, 5:00 - 5:45 Sports Hall

Essex League

Our first Essex League meeting is at Braintree on the 23rd of February. Please check the noticeboard to see if you have been selected. If you are able to swim please tick next to your name. If you can't swim, please let someone know as soon as possible.

Fees

ASA fees are now due. These are £40 for competitive and £20 for non-competitive swimmers.

A letter has also been sent to all swimmers regarding changes to our monthly fees.

Welcome to our club

Welcome to our new swimmers: Thomas Ashby and Chloe Whiston.

If any new swimmers or parents would like information on swimming in galas (how to enter and what to expect), please ask any committee member, parents of experienced swimmers, or email me with any questions.

Essex Championships 2019

Lots of our swimmers swam brilliantly at the recent Block A Essex Championships at Basildon. There were lots of personal bests and the following swimmers all made finals or finished eighth or higher:

- Chloe Skelt (14 yrs): 1st 100m breaststroke, 1st 200m breaststroke,
- Jacob Stephen (14 yrs): 8th 100m backstroke, 3rd 200m freestyle, 3rd 100m butterfly, 2nd 200m I.M.
- Daniel Dixon (14yrs): 7th 100m backstroke, 5th 200m backstroke
- Holly Hawkins (12 yrs): 5th 100m breaststroke, 6th 200m breaststroke, 7th 200m butterfly
- Angus Robertson (15 yrs): 8th 200m freestyle
- Louis Stephen (16 yrs): 8th 200m freestyle

Girls 11/12 years 200m medley relay team finished 8th

Girls 13/14 years 200m medley relay team finished 5th

Results for Block B at the London Aquatic Centre will be in the next newsletter.

Our swimmers in focus

Name: Lee Boka

Age: 10

Started swimming: I have been swimming since I was 4 months old. I joined BSC in March 2018

Swimming group: Silver

Favourite stroke: Freestyle

Least favourite stroke: Butterfly

Favourite film: Baywatch

Favourite music: Little Mix

Best thing about swimming: I like to swim because I get to meet new people and go to competitive galas

Hobbies: Fortnite, running, riding my bicycle

